

fact sheet : ask the expert

OUR MOST COMMONLY ASKED QUESTIONS :

Q: I am interested in tooth whitening, I like to know which techniques you use? How long does it take?
How much does it cost? Will it harm my teeth? How long do the results last for? Will it work on smokers teeth?

A: You can find the answers to all these questions, in frequently asked questions about tooth whitening PDF.

Q: I often wake up in the morning with a headache and awareness of my teeth and jaws. Can you help me?

A: Yes. After an extensive examination of your jaws, facial muscles and your bite, we can offer you the appropriate treatment. Headaches are often caused by grinding or clenching your teeth while you are asleep. This can be treated by a bite guard that you wear at nights. Acupuncture is also an effective treatment for jaw/ facial muscles relaxation. All available at Stardent.

In some people, Interferences (premature contacts between teeth when biting- together), can also contribute to headaches, tension/pain in facial muscles, jaw ache when chewing something hard or yawning, shoulder/ back pain. This problem can often be corrected by minor adjustments of your bite.
For further information look at our TMJ/Acupuncture PDF.

Q: I need a smile make over. I would like to know what you can do for me?

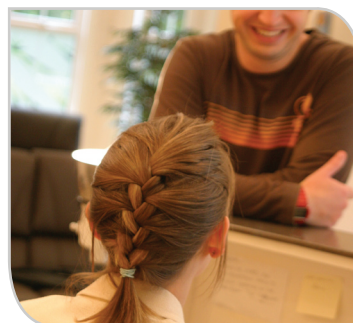
A: Problems like:

- Stained, uneven, twisted, chipped, gappy teeth - Discoloured fillings/crowns
- Gummy smiles
- Too long/too short teeth

Can all be corrected with our advanced techniques for cosmetic dentistry. By using porcelain veneers, all ceramic crowns/ inlays/ bridges instead of metal bonded ones we can offer you different options for a smile make over. Missing teeth can also be replaced with dental implants. Gummy smiles can be corrected by gum reshaping. All available at Stardent.our smile expert Dr Najafi has many years of experience using the latest cerec creating beautiful smile make overs in just one day !.

For further information about these techniques look at our web pages : -

- Cosmetic dentistry
- Cerec
- Implants
- Tooth whitening



→ click here to visit our site

stardent FAQ

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Q: I like to have all my silver fillings replaced with white ones. What type of white restorations can you offer me? How much will it cost?

A: Silver fillings can be replaced with either white plastic fillings or porcelain inlays. Prices for white fillings start from £55. and go up to £200 depending on the size of the filling and the time spent. Porcelain inlays cost between £400 each as they are stronger more natural looking and are made using our CAD-CAM technology in house.

Q: I have a needle/drill phobia and haven't seen a dentist for a long time, can you help me?

A: Yes - Our team of Consultant Anesthetists can offer you sedation at our clinic. We have treated a large number of phobic patients under sedation. Please see our case study.



Q: I work long hours every day and finding time to visit a dentist during the week is almost impossible. How can you help me?

A: At Stardent, early morning, late evening and Saturday morning appointments can be arranged on request.

We hope that you have been able to find most of the answers to your questions.

If you have a particular concern you would like to ask us about, please call T: 02380 63392 3

Or alternatively e-mail us at: info@stardent.co.uk (we try to respond to your question within 24 hours)

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